Supporting CommUnity

Living in Extraordinary (Stressful) Times and Why Resiliency Matters

Every single organization must deal with issues and events that are beyond their control, unfortunately many of those are distressing. These events can test us all at a very personal and human level and yet, we believe that we should be able to "pull ourselves up by the bootstraps" and continue on. However, because workplace turbulence has increased, so has the focus on resilience. Increasingly, teams need to adapt quickly and operate in uncertainty, while still managing high job demands. The current pandemic and social unrest have only increased the pace at which this is happening. Teams need ways to sustain their effectiveness and relevance in this environment without comprising physical and psychological health. An organization's viability depends on the agility of both its operating systems and people to create sustainable solutions – for the business, for its people, and for the community served.