



Spirit of Culture

Since 1965 the ethnic composition of the country has changed more rapidly than any other time in history. How do you define yourself? How do you define yourself culturally? The way we answer these questions say a lot about the way we approach the ever growing diversity of our communities. The health of a community goes beyond exercise and eating right, it also includes tolerance, acceptance and seeing the value of every individual. This training will help your staff define how their professional and personal behaviors emerge in relationship to others that is of the same or different ethnic and cultural background.