



## Supporting CommUnity

### **Safe TALK: Community Awareness of Suicide Intervention**

Whether it's the issue of teen suicide or self-harm with the elderly community, it is sometimes difficult to see our role in suicide intervention. Because the work that you do has a unique place in the lives of a healthy community – it's important to accept all levels of responsibility for the well-being of our community members. In this certified program, Lori will help you will learn how to increase your own level of comfort, confidence and competence to help a person at risk of self-harm before the event occurs.

*This specialized, three hour training is open to everyone 15 years and older and is capped at 30 participants.*