



## Supporting CommUnity

### **Hey Coach; Positive, Practical Ways to Work with Players and Parents**

As youth sports continue to change and evolve; the need for an understanding of the purpose behind coaching and parental involvement must also change. We'll identify ways to give your youth sports staff and volunteer coaches they work with practical tools and techniques to provide young athletes a positive and worthwhile experience. We'll discuss effective approaches when dealing with the possible challenging, external factors affecting youth sports. Participants will take away ideas to encourage coaches and parents to do their own 'self-analysis' of their expectations and a reminder that the ultimate goal is to support and encourage the young athlete.